



Government of Maharashtra

School Education and Sports Department

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**Procedure to give your contribution for Position Papers for**

**New Education Policy 2020**

<https://scertmaha.ac.in/positionpapers/>

Last date of filling of your response is 30th May 2022

**Curriculum Development Department,**

**State Council of Educational Research and Training, Maharashtra, Pune**

# Health and Well-being, Yoga, Sports and Fitness

**e-Template for the Position Paper of the Focus Group**

1. **Preliminary information**

This section contains preliminary information regarding the focus group.

* 1. **Executive Summary/Abstract** (1-500 words)

# Process of consultations followed by the State or the National level Focus Groups including number of consultations, meetings, collaborations, participants etc. (Filled by system)

1. **Introduction**
   1. **Introduction to Health and Well-being, Yoga, Sports and Fitness**

(What is the present status/position regarding Health and Well Being, Yoga, Sports and Fitness? This needs also to include a brief on historical perspective and prevailing practices at the National or State or UT level) (1-300 words)

* 1. **National Education Policy 2020 and Health and Well-being, Yoga, Sports and Fitness (***Please respond to the NEP points above* on Health and Well Being education, including *any suggestions you may have regarding additions or modification-#1)* (1-300 words)

# Current Challenges

(What are the problems currently faced in education regarding health and well-being? Please note that health includes all dimensions of health, including mental health. #2) (1-300 words)

# Addressing Current Challenges

(How can we ensure in the new curriculum and pedagogy that the problems listed in 2.3 are addressed/overcome? What is currently being done well in education for health and well-being, and how can these present good practices/innovations/initiatives be strengthened/scaled up? #3 and #4) (1-500 words)

# Health and Well-being, Yoga, Sports and Fitness: Cross Cutting Themes

* 1. **Health and Well-being, Yoga, Sports and Fitness Curriculum for Holistic Development of Learners**

(What would be the horizontal connections, health and well-being would have with other parts of the school curriculum? Please illustrate with specific examples across the different stages.#12) (1-500 words)

* 1. **Making Health and Well-being, Yoga, Sports and Fitness relevant to School Education (***What principles should guide the selection of content and the approach to health and well-being across school stages? How would curricular integration be enabled? How would the curriculum for health and well-being be made relevant and meaningful for school education?#5)* (1-500 words)

# Integration of various aspects of Health and Well-being, Yoga, Sports and Fitness in School Curriculum

**(**What should be the priorities and approach related to health and well-being at different school stages? What should be the pedagogical approach? How can aspects related to health and safety be integrated into the curriculum at different school stages?#6 and #8) (1-500 words)

# Need, Objectives and Implementation of Sports-related Clubs and Circles

(What is the relevance of sports-related and other clubs and circles for different school stages (Draft National Education Policy(DNEP) P4.10.2)? What should be the objectives of setting them up? How should they be organised? How can other stakeholders be involved? Please illustrate with examples where possible. #7) (0-300 words)

# Instructors and Professional Help for Health and Well-being, Yoga and Sports Education at School Level

**(**What will be the expectations from Master Instructors? What will be the criteria for identifying Master Instructors? How should they be prepared? How can their preparation be aligned to the local context? What should be the criteria for selection of social workers and counsellors? What will be expected of them in terms of ensuring retention and learning? How will they be prepared? What processes will be in place for their professional development? What kind of tie ups are needed to ensure children in need of professional help are able to receive it with due care and sensitivity? #10 #11) (1-500 words)

# Integrating Indian Knowledge Systems in Health and Well-being Education?

**(**What aspects of Indian knowledge systems would be incorporated into health and well- being education? How will these aspects be included across subjects? #13) (1-500 words)

# Developmental Stages (5+3+3+4) and Health and Well-being, Yoga, Sports and Fitness Education Curriculum

(The 4-stage design of Foundational (ages 3-8), Preparatory (ages 8-11), Middle (ages 11- 14), Secondary (ages 14-18) is critical for realizing the vision of NEP 2020. In this section, please give specific proposals and illustrations for the 4 stages of this curricular area)

# Core Learning Objectives

(What are the core learning objectives and outcomes, i.e., key concepts, skills, values, dispositions, and capacities, that all students must develop in this subject by Grade 12? How should these capacities be developed across each stage (Foundational, Preparatory, Middle, Secondary? #14) (1-500 words)

* + 1. Foundational stage (1 -200 words)
    2. Preparatory stage (1-200 words)
    3. Middle stage (1-200 words)
    4. Secondary stage
       1. Classes IX and X (1 -200 words)
       2. Classes XI and XII (1 -200 words)
  1. **Pedagogy for the achieving Learning Outcomes**

(For each of the concepts/capacities and stages described (for as many as possible), describe, stage wise, experiential/play-based/toy-based/discovery-based/experiment- based/art-based/sports-based/storytelling-based/interactive/less-textbook- centric/creative/ enjoyable activities and pedagogy that will enable students to develop these capacities through less rote and greater creativity and analytical/critical thinking. What specific strategies/provisions may be used for providing Health and well Being, Yoga and Sports to Children with Special Needs? #15) (1-500 words)

* + 1. Foundational stage (1 -200 words)
    2. Preparatory stage (1-200 words)
    3. Middle stage (1-200 words)
    4. Secondary stage
       1. Classes IX and X (1-200 words)
       2. Classes XI and XII (1-200 words)
  1. **Multidisciplinary and Interdisciplinary Experience in Health and Well-being Education** *(Describe how to develop useful/interesting/illuminating horizontal connections in the curriculum and pedagogy of this subject (with other subjects and with “real life”) for each of these concepts (or for as many of these concepts as possible) that would promote a more holistic and multidisciplinary experience for students #16)*(1-300 words)
     1. Foundational stage (1 -200 words)
     2. Preparatory stage (1-200 words)
     3. Middle stage (1-200 words)
     4. Secondary stage
        1. Classes IX and X (1-200 words)
        2. Classes XI and XII (1-200 words)
  2. **Stage-wise Integration of Indian Knowledge Systems in Health and Well Being, Yoga,**

**Sports and Fitness Education**

(Describe ways in which each of these concepts (or as many as possible) can be rooted in India, such as through Indian and local traditions (including stories, poems, music, dance, drama, games, toys, etc. and Knowledge Systems #17)(1-300 words)

* + 1. Foundational stage (1-200 words)
    2. Preparatory stage (1-200 words)
    3. Middle stage (1-200 words)
    4. Secondary stage
       1. Classes IX and X (1-200 words)
       2. Classes XI and XII (1-200 words)
  1. **Local Knowledge in Curriculum and Pedagogy**

(Describe ways in which local knowledge and flavor could be included in the curriculum and pedagogy of this subject area #18) (1-300 words)

* 1. **Inclusion for Children from Socio-Economically Disadvantaged Groups(SEDGs)** *(Approaches to inclusion for children from SEDGs that are necessary for this curricular area need to be elaborated #20)* (1-300 words)

# Assessment in Health and Well-being, Yoga, Sports and Fitness Education

(Describe how assessment in the subject may be transformed from one that primarily tests rote memorisation skills to one that is more formative, promotes learning and development, and tests higher-order capacities such as analysis, critical thinking, and conceptual clarity. Assessments should respond to the need for being formative and competency based and promoting learning. Different modes of assessment that are age appropriate should be illustrated for each stage. #21) (1-400 words)

* + 1. Foundational stage (1 -200 words)
    2. Preparatory stage (1-200 words)
    3. Middle stage (1-200 words)
    4. Secondary stage
       1. Classes IX and X (1 -200 words)
       2. Classes XI and XII (1-200 words)
  1. **Time allocation for Health and Well-being, Yoga, Sports and Fitness in School Time Table**

(Time to be allocated (in percentage) for Health and Well Being, Yoga and Sports in the time table across the stages also keeping in view practical’s, experiential learning, etc.?) (1-300 words) (SE, TE)

* + 1. Foundational stage (1-200 words)
    2. Preparatory stage (1-200 words)
    3. Middle stage (1-200 words)
    4. Secondary stage (1-200 words)
  1. **Family and Community Participation in Health and Well-being, Yoga, Sports and Fitness Education**

(Describe ways in which families and local communities could be involved in the teaching and learning of this subject area #19) (1-300 words)

1. **Educational Technology for Health and Well-being, Yoga, Sports and Fitness Education** *(Describe ways in which technology could be used to enhance teaching-learning in this subject in an effective and equitable manner?#23)* (1-300 words)
2. **Teacher Capacity Building** *(What preparation would teachers need? What should the content of the teacher education programmes related to physical education, health and safety? How should teacher capacity, support, and education be re- formed in order to effectively enable all the above transformations? #9 and #24)* (1 -300 words)

# Enabling Conditions for Quality Health and Well-being, Yoga, Sports and Fitness Education

(What other enabling conditions (e.g., school culture, practices, infrastructure, equipment, governance, etc.) should be in place to effectively enable all the above transformations?#25) (1 -200 words)

* 1. School Culture and Practices (1 -200 words)
  2. Infrastructure and Equipment (1 -200 words)
  3. Human Resource – Teaching as well as supporting (1 -200 words)
  4. Teaching Learning Material (1-200 words)
  5. Technology related (1-200 words)
  6. School Governance (1 -200 words)
  7. School Complex (1-200 words)

1. **Guidelines for Textbook and TLM Developers**

(Describe the approach to Textbook and Teaching Learning Material(TLM) development keeping in mind the curricular and pedagogical shifts #22) (1-300 words)

* 1. Foundational stage (1-200 words)
  2. Preparatory stage (1 -200 words)
  3. Middle stage (1 -200 words)
  4. Secondary stage (1-200 words)

1. **Role of Various Agencies for providing Quality Health and Well- being, Yoga,**

**Sports and Fitness Education in Schools**

(What roles, various agencies for example, SIETs, SCERTs, DIETs, CTEs, IASEs, NIEPA, NCERT, KVS, NVS, CBSE, School Education Boards, Universities, CSR initiatives, philanthropic organizations, NGO, SIEMAT, local administration etc., can play in providing Health and Well Being, Yoga and Sports education at different stages in schools?) (1-200 words) (SE, TE, AE)

* 1. Local organisations (1 -200 words)
  2. State level organisations (1 -200 words)
  3. National level organisations (1 -200 words)
  4. Any other 1-200 words)

1. **Specific Recommendations for the National/State Curriculum Frameworks**

(What are your specific recommendations for four curriculum frameworks with regard to Health and Well-being, Yoga, Sports and Fitness Education?) (1-300 words)

* 1. Specific recommendations for NCF/SCF ECCE (1-200 words)
  2. Specific recommendations for NCF/SCF SE (1-200 words)
  3. Specific recommendations for NCF/SCF TE (1-200 words)
  4. Specific recommendations for NCF/SCF AE (1-200 words)

1. **Any other comments and suggestions on this theme**

(In this subsection, please provide other suggestions about Health and Well Being, Yoga and Sports education that are not covered in the above questions. It is recommended that these suggestions are in alignment with the vision and specific anchors provided above from the NEP 2020). (1-200 words)

# Bibliography and References

**(**Please include references (research papers, studies, pilots, or anecdotal evidence) throughout to help substantiate recommendations wherever applicable. A bibliography would also be most helpful for easy reference.**)**

***(Here, the system will allow the user to insert references in the APA format while filling up the document and will collate all the references in this section.)***

Filled by system.

Annexures

(Not mandatory. Please put in a title for an annexure along with a one- line description)